



BAKED EGGPLANTS

Ingredients

For 4 people

4 eggplants

150g cherry tomatoes

Herbs

Olive oil

Steps

- 1.** Cut each eggplant in 2 (lengthwise) without peeling them and zebra the flesh with a knife.
- 2.** Spread half a spoonful of olive oil on the flesh of each half eggplant.
- 3.** Add some herbs, cherry tomatoes on top, salt and pepper.
- 4.** Place in the oven at 200°C until the flesh is soft.