



# GREEN SMOOTHIE

## Ingredients

*For 2 smoothies*

1 kiwi

1 cucumber

1 apple

1 tsp lime juice

1 pear

1 banana

## Steps

- 1.** Peel and cut all the ingredients into pieces.
- 2.** Place all the fruits and the vegetable in a blender and blend until you get a smooth and creamy texture.
- 3.** Enjoy your green smoothie.