



# STUFFED ZUCCHINIS

## Ingredients

*For 2 people*

2 medium zucchinis

300g of minced meat

20cl of tomato sauce

1 onion

## Steps

- 1.** Wash the zucchinis, cut them in half lengthwise and empty the flesh inside.
- 2.** Cook the onion and the flesh of the zucchini with a little bit of olive oil and then add the minced meat.
- 3.** Let it cook 15 minutes and add the tomato sauce to the mixture.
- 4.** Fill the zucchinis trays with the mixture and bake for 30/35 minutes at 200 °.
- 5.** When the zucchinis are cooked add a little grated cheese on top and let it melt.