

HARITON'S 'FAMOUS' VEGETARIAN CASSEROLE

Ingredients

For 1 baking dish

- 8 large eggplants
- 8 large potatoes
- 8 green bell peppers
- 8 large onions
- 8 summer squash
- 6 tomatoes
- 450g fresh green beans
- 450g whole fresh mushrooms
- 2 bulbs garlic cloves
- 30g chopped fresh dill weed
- 30g chopped fresh oregano
- 30g chopped fresh basil
- 1 can tomato sauce
- Salt and pepper to taste

Steps

- 1. Prepare the eggplant before assembling ingredients, by cutting them into 2 inch chunks and putting them into an extra large bowl with salted water to cover. This will draw out the bitterness from the eggplant. Let this sit for about 3 hours.
- 2. Cut the potatoes, green bell peppers, onion, squash and tomatoes into 2-inch chunks. Cut the green beans and mushrooms in half and peel the garlic cloves.
- 3. Drain and rinse the eggplant, then combine it with all the other chopped vegetables, the dill, oregano and basil and place all into a roasting pan. Pour the tomato sauce and olive oil over all.
- 4. Bake in a hot oven at 190°C for 2 1/2 hours, adding a little water about halfway through cooking time to keep moist