



# VEGETARIAN TORTILLA STEW

## Ingredients

*For 3 people*

1 can green enchilada sauce  
1 cube vegetable bouillon  
1/2 tsp garlic powder  
1/4 tsp chili powder  
1/4 tsp ground cumin  
1 can pinto beans  
1/2 can diced tomatoes  
100g frozen corn  
150g vegetarian chicken substitute  
4 corn tortillas, torn into strips  
1 tbsp fresh cilantro  
Salt and pepper to taste

## Steps

- 1.** In a pot, mix the enchilada sauce and 100ml of water. Dissolve the bouillon cube in the liquid, and season with garlic powder, chile powder, and cumin. Bring to a boil, and reduce heat to low.
- 2.** Mix in the beans, tomatoes, and corn. Simmer until heated through.
- 3.** Mix in vegetarian chicken and tortillas, and cook until heated through.
- 4.** Stir in cilantro, and season with salt and pepper to serve.