



APPLE CHIPS

Ingredients

For 1 bowl

2 apples

2 tsp of cinnamon

Steps

- 1.** Preheat oven to 110°C.
- 2.** Peel the apples and slice them thinly. Place apple slices on an oven plate and sprinkle with cinnamon.
- 3.** Bake for 1h, then flip over and bake for another hour.
- 4.** Turn the oven off but do not remove the slices. Allow them to cool in the oven for two hours in order to have the perfect crisp.