

## KETO CHICKEN SOUP

Serves: **4**  
Prep Time: **10** Minutes  
Cook Time: **30** Minutes  
Total Time: **40** Minutes

### INGREDIENTS

- **2 boneless chicken breast**
- **20-ounces diced tomatoes**
- **½ tsp salt**
- **1 cup salsa**
- **6-ounces cream cheese**
- **avocado**
- **2 tablespoons taco seasoning**
- **1 cup chicken broth**

### DIRECTIONS

- 1. In a slow cooker place all ingredients and cook for 5-6 hours or until chicken is tender**
- 2. Whisk cream cheese into the broth**
- 3. When ready, remove and serve**