

KETO TACO SOUP

Serves: 8
Prep Time: 10 Minutes
Cook Time: 10 Minutes
Total Time: 20 Minutes

INGREDIENTS

- 2 lbs. ground beef
- 1 onion
- 1 cup heavy whipping cream
- 1 tsp chili powder
- 14 oz. cream cheese
- 1 tsp garlic
- 1 tsp cumin
- 2 10 oz. cans tomatoes
- 16 oz. beef broth

DIRECTIONS

1. Cook for a couple of minutes, onion, garlic and beef
2. Add cream cheese and stir until fully melted
3. Add tomatoes, whipping cream, beef broth, stir and bring to boil